

Douglas Alan Lester, D.C.

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Dallas, Texas 75214

(972) 392-3400

Curriculum Vitae

Education

- 1974 – 1976 **Moorhead State University**
Moorhead, Minnesota
- Pre-medical Studies
- 1976 – 1980 **Northwest College of Chiropractic**
St. Paul, Minnesota
- Chiropractic Studies
- 1980 **Doctor of Chiropractic**

Licensure

- 1980 – Present **Licensed in the State of North Dakota**
- License Number 392
- 1989 – Present **Licensed in the State of Texas**
- License Number 5165

Memberships

- 1979 – Present **National Board of Chiropractic Examiners**
- Diplomat Status
- 1990 – Present **Texas Chiropractic Association**
- Member

Practice Experience

- 1979 – 1980 **Activator Methods International Research Clinic**
Redwood Falls, Minnesota
- Studied under Dr. Lee and Dr. Fuhr,
Co-founders of Activator Methods
- 1980 – Present **Lester Chiropractic Offices, P.C.**
Bismarck, Dickenson, Bowman, and Harvey, North Dakota
- Co-founder
- 1993 – Present **Travel Health America**
A Preventative Health and Travel Medicine Module
Bismarck, North Dakota
- Co-founder
- 1995 – Present **Texas Healthcare, Neck & Back Clinics, P.A.**
Dallas, Texas
- Chief Executive Officer

1996 – Present

Star Rehabilitation and Physical Therapy

Dallas, Texas

- President

Public Speaking Engagements

1988

North Dakota Bar Association

Bismarck, North Dakota

- Keynote Speaker, Annual Convention
- Subject Matter:
Demonstrable Evidence in Soft Tissue Injuries

1999

Students in Free Enterprise

Springfield, Missouri

- Keynote Speaker, Interdepartmental Conference
- Subject Matter:
The Business of Medicine, Debt Management Skills